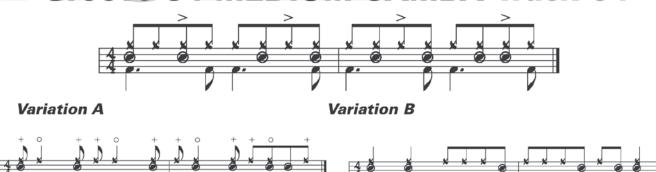
Groove 34 MEDIUM SAMBA Track 64





So, here lies the dichotomy: The tempo is medium, but the drums, since we're emulating the pandeiro on the hi-hat, are played very fast with the right hand. Obviously, part of this is a "chops" issue; if you can't play it fast, then you can't play it fast. However, if you desire to play it fast, then you must *practice* it fast, meaning that speed and staying relaxed is something that needs its own focus as does hand/foot independence, for example.

Look at yourself in the mirror when you try this groove. Are your shoulders up? Are you making horrible faces that convey pain and suffering? Don't just practice speed; practice *calm* speed. If you can't do it now, make yourself a chart and track your progress with the metronome, and please, take your time. It'll come . . .