A FRESH APPROACH TO Technique & Musicianship with

FOUR MALES

24 Progressive Solos for Marimba

DAVID SKIDMORE



VIDEO LIBRARY WITH LESSONS AND SOLO PERFORMANCES!



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Lesson 2



- Double vertical strokes
- Basic interval changes

Interval Changes

Changing the interval between your mallets in each hand is a necessary skill for all 4-mallet playing. This etude and accompanying exercises introduces interval changes gradually, using only small, step-wise interval changes. The exercises include every interval you will be asked to play in the etude.

- With Stevens (modified Musser) grip, change intervals by rolling the mallet shaft between the thumb and pointer finger.
- With Burton grip, use the middle, ring, and pinky finger to move the inside mallet and change the interval.
- With traditional grip, push the mallets to new intervals with the thumb and first finger.

Warm Up

There is a measure of rest between each interval change in the first exercise. This provides you a little bit of extra time, allowing your hands to be comfortable and relaxed as you begin learning how to make these interval changes. Warm Up 2 removes these rests and ask you to continue playing as you are changing your intervals.

Remember to STAY RELAXED as you are getting comfortable with interval changes. It will probably feel a little weird and unnatural the first time you try it. But if you keep at it, eventually interval changes will become second nature, and you will not even have to think about them at all while you play.

Warm Up 1A



Warm Up 1B



Tempo

This etude should sound just as good slow as it does fast. When you start learning the etude at a slow tempo, focus on making the groove feel great.

Dynamics and Phrasing

This etude has specific indications for dynamics throughout, with crescendos and diminuendos indicated under almost every note. Faithfully following the dynamics printed in this etude will take care of 90% of the phrasing. Focus on making the changes in dynamics as smooth as possible, by keeping your hands completely relaxed, and changing your stick heights to produce louder or quieter dynamics.



Reminders

Modify the exercises

When Warm Up 1A and 1B start feeling comfortable, take out the rests between the notes.

Use the exercises

All the exercises in this book are drawn directly from the music in the etudes, so practicing the exercises will help you learn your notes!

Warm Up 2







Practice Routine

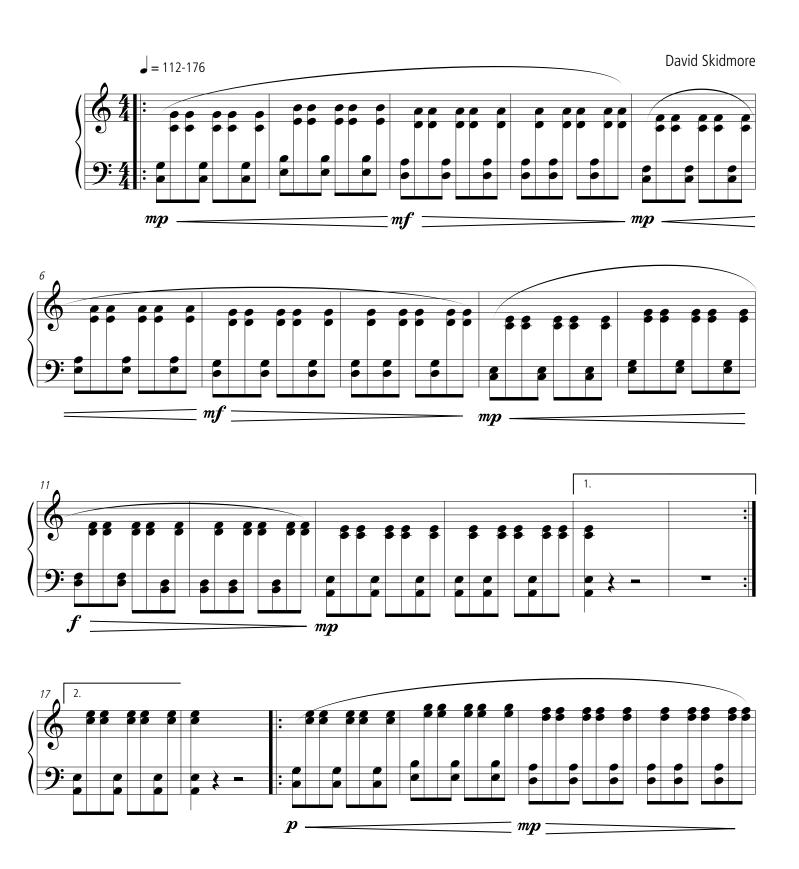
3 minutes: Warm Up 1A. Start SLOW. Play at all 3 dynamic levels before boosting the tempo.

3 minutes: Warm Up 1B. Remember to stay relaxed!

5 minutes: Warm Up 2. Stop in between each repetition. Check in with the metronome, and stay relaxed.

20 minutes: Etude 2. Focus on your sticks heights to make the dynamics happen!

Zod



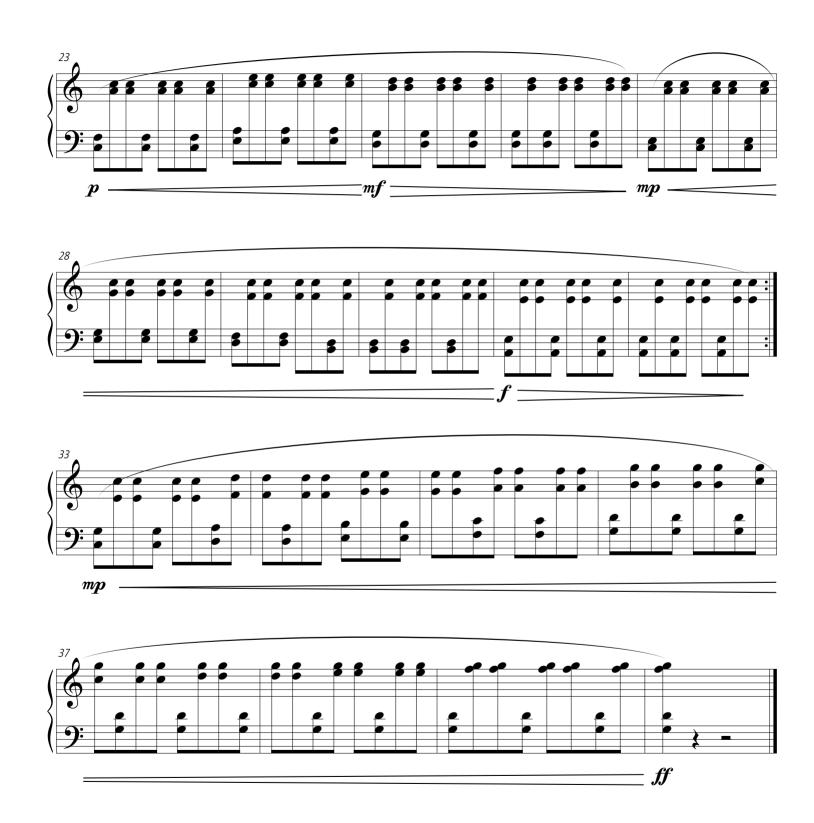


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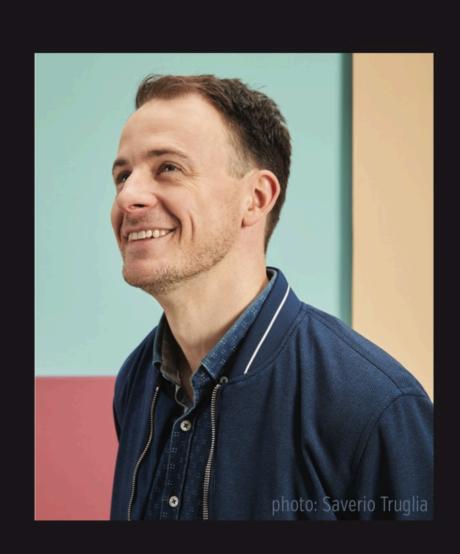
A FRESH APPROACH TO Technique & Musicianship with FOUR MALLETS DAVID SKIDMORE

A COMPLETE METHOD FOR LEARNING TO PLAY FOUR MALLETS!

Grammy Award-winning artist and composer David Skidmore introduces each of the fundamental 4-mallet skills step-by-step in 24 progressive lessons. Exercises in each lesson provide not only technical training, but also teach valuable musical phrasing concepts. Each lesson culminates with a short solo that develops the techniques and phrasing concepts from the lesson into a musically meaningful piece. Individual solos or combinations of solos from the book are perfect for performing on recitals, solo contests, or high school and college auditions.

INCLUDING FREE VIDEO LESSONS AND SOLO PERFORMANCES!

David Skidmore is a Grammy Award-winning percussionist and composer. As a member of Third Coast Percussion, he performs over 100 concerts each year on tour throughout the United States and abroad. David taught on the percussion faculty at the Peabody Conservatory for 4 years, and was a member of the Pittsburgh New Music Ensemble and Ensemble ACJW. His compositions are performed regularly in concert halls and universities all over the world. David holds a Bachelor of Music degree from Northwestern University, and a Master of Music degree from the Yale School of Music.





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