

A F R E S H A P P R O A C H T O

Technique & Musicianship with

FOUR MALLETS

24 Progressive Solos for Marimba

DAVID SKIDMORE



INCLUDES
VIDEO LIBRARY WITH
LESSONS AND
SOLO PERFORMANCES!

A FRESH APPROACH TO
Technique & Musicianship with **FOUR MALLETS**
DAVID SKIDMORE

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Stroke Types

Double Vertical

- Both mallets in one hand strike the instrument at the same time.
- Achieved with a simple bend in the wrist.

Single Independent

- One mallet strikes the instrument.
- The other mallet in the same hand remains as stationary as possible.
- Achieved by rotating the hand, similar to the motion of turning a doorknob.

Double Lateral

- Both mallets in one hand strike the instrument in rapid succession.
- Achieved by a bend in the wrist immediately followed by a rotation of the wrist.
- One wrist motion produces two notes.

Single Alternating

- Alternating mallets in the same hand strike the instrument in succession.
- One wrist motion produces one note.
- Achieved by rotating the hand, similar to the motion of turning a doorknob.
- Each stroke with one mallet prepares the next stroke with the other mallet in the same hand.

Triple Lateral

- Both mallets in one hand strike the instrument in rapid succession.
- Achieved by a bend in the wrist followed by a rotation of the wrist.
- One wrist motion produces three notes.

One-Handed Roll

- Quick single alternating strokes in the same hand, to create a sustained sound.

One-Handed Isolated Accents

- Two mallets in the same hand start at different heights but strike simultaneously.
- One stroke produces two simultaneous notes—one note louder than the other note.

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FOUR MALLETS

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A COMPLETE METHOD FOR LEARNING TO PLAY FOUR MALLETS!

Grammy Award-winning artist and composer David Skidmore introduces each of the fundamental 4-mallet skills step-by-step in 24 progressive lessons. Exercises in each lesson provide not only technical training, but also teach valuable musical phrasing concepts. Each lesson culminates with a short solo that develops the techniques and phrasing concepts from the lesson into a musically meaningful piece. Individual solos or combinations of solos from the book are perfect for performing on recitals, solo contests, or high school and college auditions.

INCLUDING FREE VIDEO LESSONS AND SOLO PERFORMANCES!

David Skidmore is a Grammy Award-winning percussionist and composer. As a member of Third Coast Percussion, he performs over 100 concerts each year on tour throughout the United States and abroad. David taught on the percussion faculty at the Peabody Conservatory for 4 years, and was a member of the Pittsburgh New Music Ensemble and Ensemble ACJW. His compositions are performed regularly in concert halls and universities all over the world. David holds a Bachelor of Music degree from Northwestern University, and a Master of Music degree from the Yale School of Music.



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